

PSY 503: Foundations of Psychological Methods  
Lecture 15: Regression and Conditional Expectations

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# What is regression?

- Regression quantifies how an outcome variable  $Y$  varies, **on average**, as a function of:
  - One variable (e.g., treatment assignment  $Z$ , treatment  $D$ , a predictor  $X$ )
  - Or more than one variables (e.g. a series of predictors  $X_1, \dots, X_n$ )
- Let's focus on the bivariate case for now

## OK! Wait! What is regression again?

- What is specific about regression in terms of quantifying the relationship between two variables? For example, how is regression different from correlation or covariance?
- Regression describes **conditional expectations**

- Example:

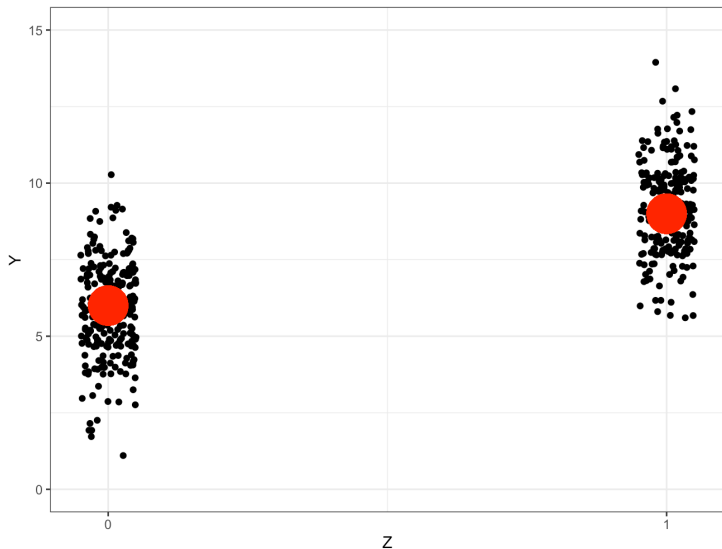
$$\mathbb{E}[Y_i | Z_i = z]$$

- i.e., “the conditional expectation of  $Y_i$  given that  $Z_i$  equals the particular value  $z$ ”
- Conditional expectations tell us how the average of one variable changes as we move the conditioning variable over the values this variable might take on
- The collection of all such averages is called the **conditional expectation function (CEF)**

## CEF for binary treatments

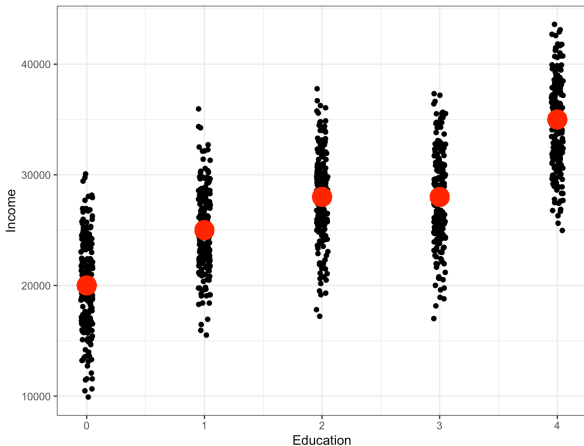
- Suppose participants were randomly assigned to an experimental condition  $Z_i$ , such that
  - $Z_i = 0$  if participants were assigned to the control condition
  - $Z_i = 1$  if participants were assigned to the treatment condition
- Suppose that we collected data for a dependent variable  $Y_i$
- The CEF of  $Y$  given  $Z$  is the collection of two expectations:
  - $\mathbb{E}[Y_i|Z = 0]$
  - $\mathbb{E}[Y_i|Z = 1]$

## Example of a CEF for a binary treatment



## What if $X$ is not binary?

- Example of the CEF  $\mathbb{E}[Y_i|X_i]$  for a non-binary predictor variable  $X$



# Estimating the population CEF

- How do we estimate the population CEF  $\mathbb{E}[Y_i|X_i]$ ?
- Run regression on a random sample. What does this mean?
- Concretely: find a way to estimate  $\widehat{\mathbb{E}}[Y_i|X_i]$ 
  - Estimate all possible conditional averages
  - In experiments (where  $X$  is  $Z$ ), two possible conditional averages:  $\hat{\mu}_T$  and  $\hat{\mu}_C$

## Regression: parameter, estimator, estimand

- In regression, the CEF  $\mathbb{E}[Y_i|X_i]$  is (generally) the **parameter** that we are interested in
- For a given sample dataset, we obtain an **estimate**  $\hat{\mathbb{E}}[Y_i|X_i]$  of the parameter  $\mathbb{E}[Y_i|X_i]$



## A note on CEFs involving more than one conditioning variables

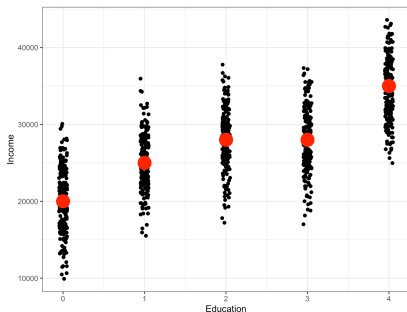
- When the CEF involves  $k$  conditioning variables, we write:

$$\mathbb{E}[Y_i | X_{1i}, \dots, X_{ki}]$$

- These CEFs are more difficult to plot / visualize
- Idea is the same, instead of looking at average value of  $Y$  conditioning on treatment or income, we condition on treatment/income and other variables such as gender, education, etc.
- Let's stick with the bivariate case for now

# The CEF is the best predictor of $Y$ !

- Suppose that we knew the full joint cumulative distribution (CDF) of  $X$  and  $Y$  and then someone gave us a randomly drawn value of  $X$



- The CEF minimizes the **Mean Squared Error (MSE)**
  - MSE: average of the squares of the errors. i.e., the average squared difference between the estimated values and the actual values

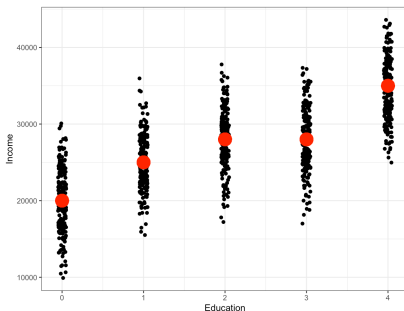
## The CEF is the best predictor of $Y$ !

- No better way (in terms of MSE) to approximate  $Y$  given  $X$  than the CEF
  - True independently of the distribution of  $Y$  and  $X$
- This makes the CEF a natural target of inquiry:
  - If the CEF is known, much is known about how  $X$  relates to  $Y$

# Nonparametric regression

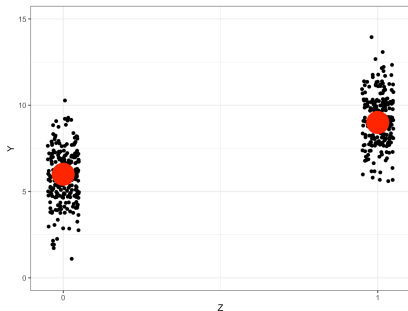
# Nonparametric regression

- Nonparametric strategies make minimal assumption about the functional form of the data generating process
- Nonparametric regression does not impose a **functional form** on the relationship between  $Y$  and  $X$ 
  - i.e., Does not impose a shape on the CEF  $\mathbb{E}[Y|X]$



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# Nonparametric regression

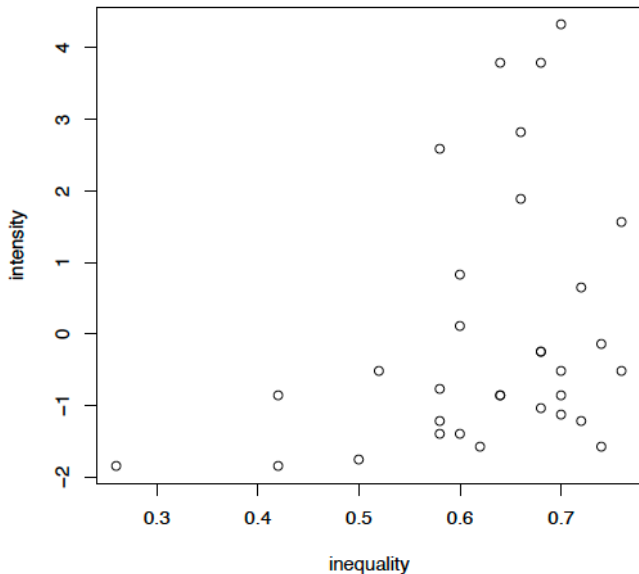
- Works well as long as:
  - $X$  is discrete
  - Small number of values of  $X$
  - Small number of  $X$  variables
- What if  $X$  is continuous?

# Nonparametric regression with continuous $X$

- Let's consider the data from a sociology paper:
  - Chirot, D. & Ragin, C. (1975). The market, tradition and peasant rebellion: The case of Romania. **American Sociological Review** 40, 428-444
  - Peasant rebellions in Romanian counties in 1907
  - Peasants made up 80% of the population
  - About 60% of them owned no land, which was mostly concentrated among large landowners
- We're interested in the CEF  $\mathbb{E}[Y|X]$  in which
  - $Y$ : intensity of the peasant rebellion
  - $X$ : inequality of land tenure

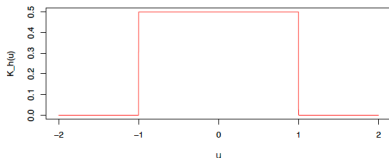


## Nonparametric regression with continuous $X$



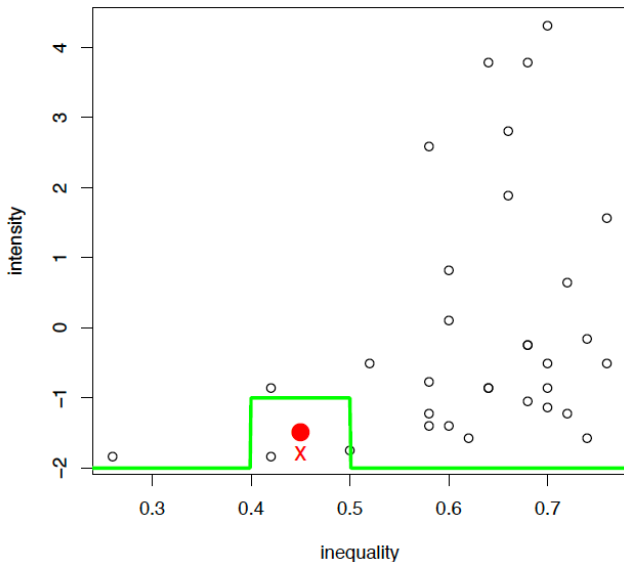
# Uniform Kernel Regression: Simple Local Averages

- One approach is to use a moving local average to estimate  $E[Y|X]$
- Calculate the average of the observed  $y$  points that have  $x$  values in the interval  $[x_0 - h, x_0 + h]$
- $h =$  some positive number (called the **bandwidth**)
- **Uniform kernel:** every observation in the interval is equally weighted

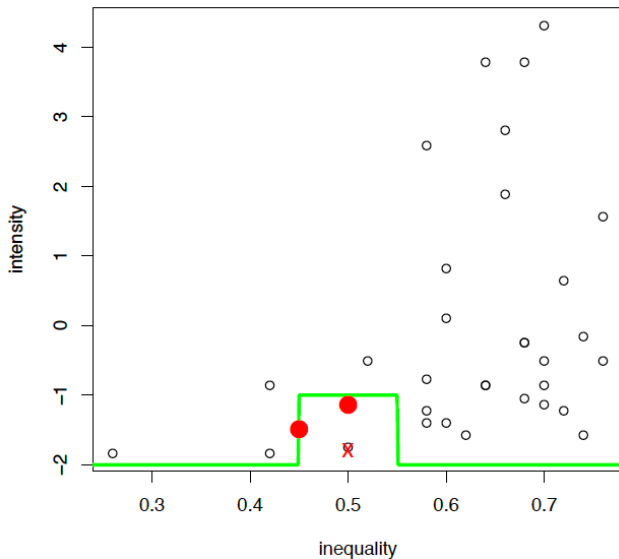


- **Uniform kernel regression:**  $\mathbb{E}[Y|X = x_0]$

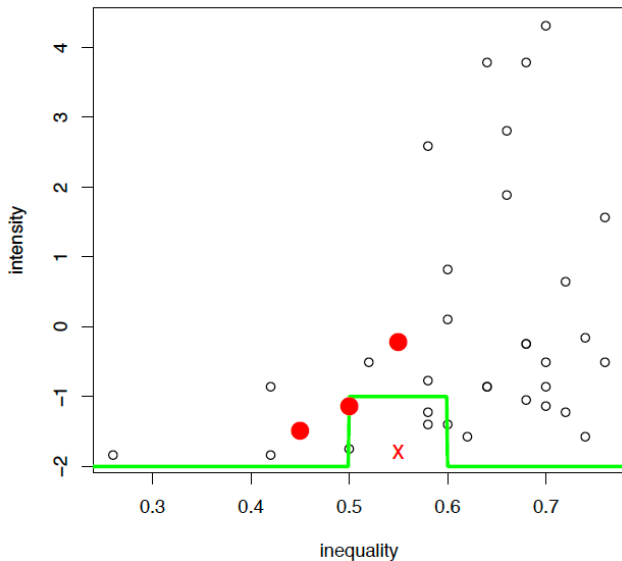
## Kernel Regression: Simple Local Averages



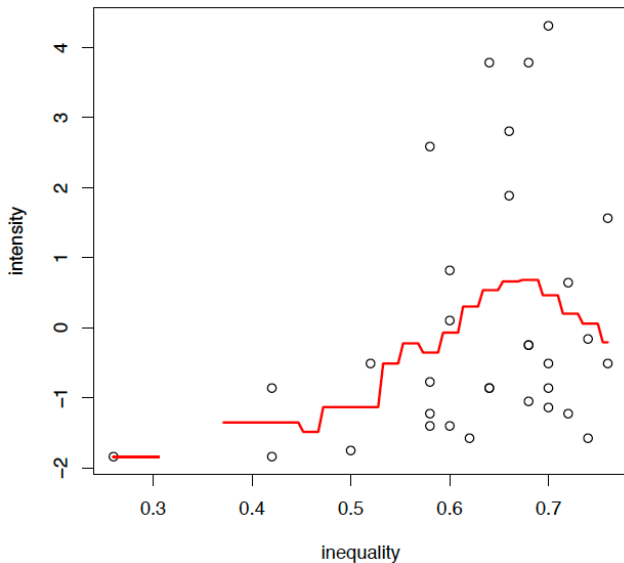
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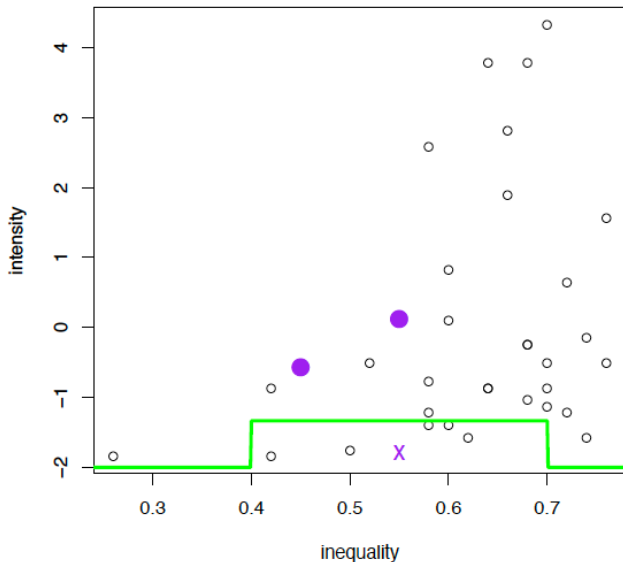


## Kernel Regression: Simple Local Averages



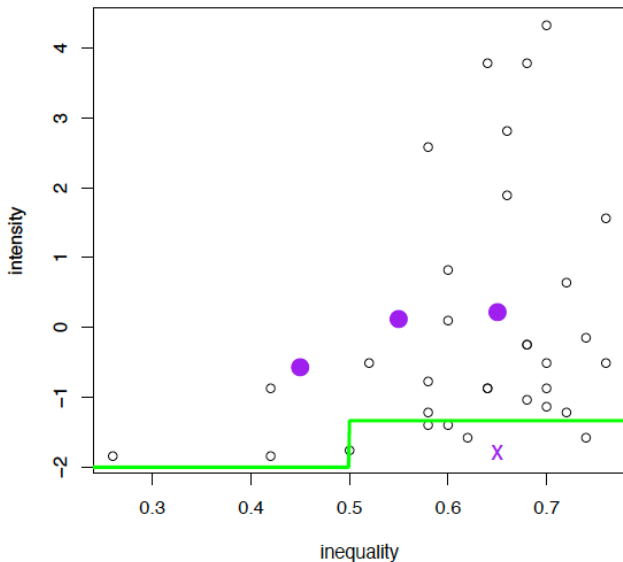


## Changing the bandwidth

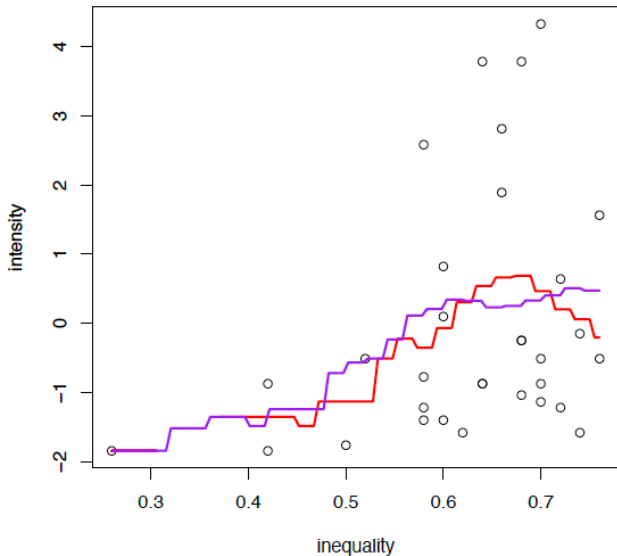




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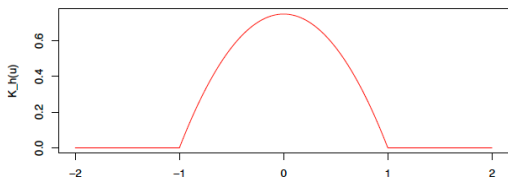


## Changing the bandwidth



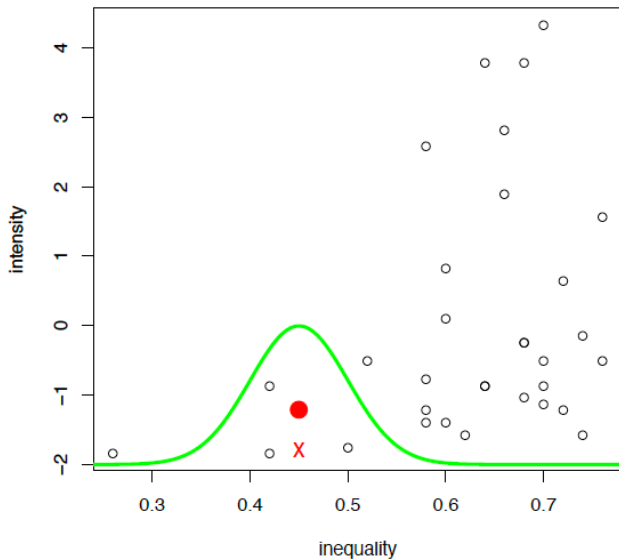
# Kernel Regression: Weighted Local Averages

- Another approach is to construct weighted local averages
- Data points that are closer to  $x_0$  get more weight than points farther away
- ① Decide on a symmetric kernel weight function  $K_h$  (e.g. Epanechnikov)

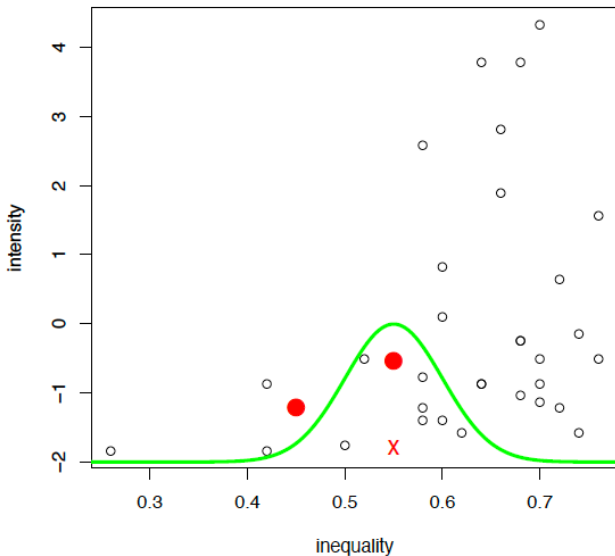


- ② Compute weighted average of the observed  $y$  points that have  $x$  values in the bandwidth interval  $[x_0 - h, x_0 + h]$

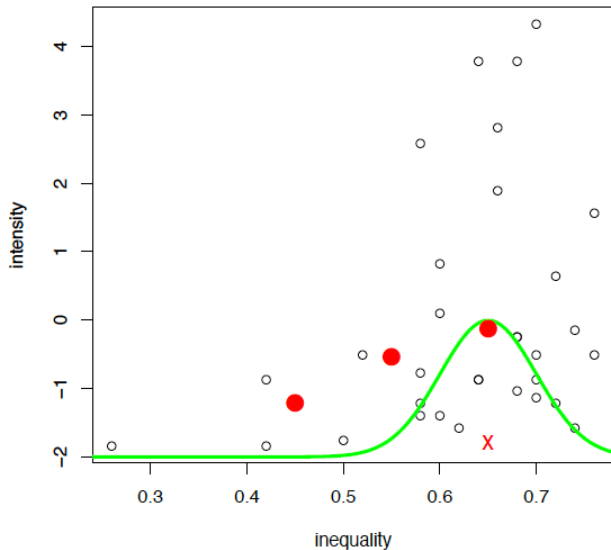
## Kernel Regression: Weighted Local Averages



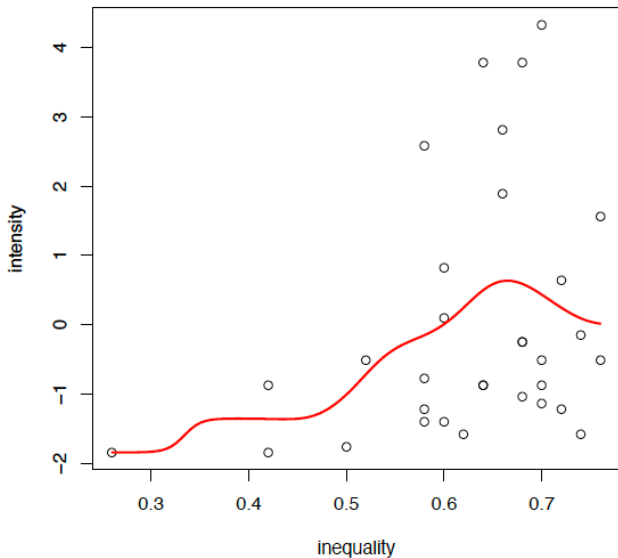
## Kernel Regression: Weighted Local Averages



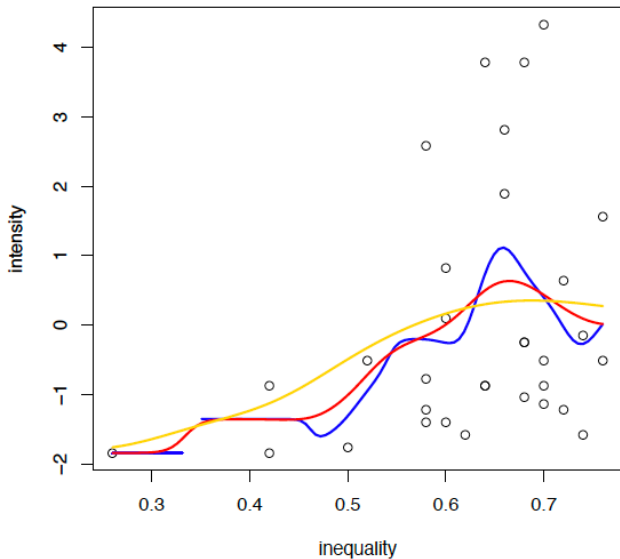
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## Bias - Variance tradeoff

- When choosing an estimator  $\hat{\mathbb{E}}[Y|X]$  for  $\mathbb{E}[Y|X]$ , we face a **bias-variance tradeoff**
- Notice that we can choose models with various levels of flexibility:
  - A very flexible estimator allows the shape of the function to vary (e.g. a kernel regression with a small bandwidth)
  - A very inflexible estimator restricts the shape of the function to a particular form (e.g. a kernel regression with a very wide bandwidth)

## Bias - Variance tradeoff

- A less “flexible” estimator leads to more bias
- A more “flexible” estimator leads to more variance
- As the name suggests, this problem cannot be fixed
- With lots of data points, we can “afford” to use a more flexible estimator

# Regression and causality

- Regression describes the CEF
- Regression does not have magic powers to tell you whether  $X$  or  $Z$  causes  $Y$ 
  - That would be amazing
  - That is not the case
- Under very specific assumptions, regression allows you to identify causal relationships. These assumptions can be about:
  - The design of the study (e.g., experimental, random assignment)
  - The statistical model (more soon!)
  - ... or both (more soon!)